

Physical Therapist Profile

Meet the Physical Therapist...

Grady Brozyna, MSPT, OCS, COMT, CSCS Grady.brozyna@selectmedical.com

Total Clinical Experience: 13 years

Grady Brozyna is a Physical Therapist at Shore Orthopedic Rehabilitation in Somers Point, managed by NovaCare, located at 24 McArthur Boulevard. As a valued member of the NovaCare team, Grady is proficient in treating a broad spectrum of orthopedic maladies and specializes in the rehabilitation of patients with sports injuries and post surgical interventions. He also specializes in the treatment of TMJ/TMD dysfunction.



Grady earned his Master's Degree in Physical Therapy from the

University of Medicine and Dentistry of New Jersey, in Newark in 2000,

and is a Certified Strength and Conditioning Specialist as attested by the NSCA. He has likewise earned the designation of OCS (Orthopedic Clinical Specialty) a board-approved specialty of the APTA in 2009, and has recently completed the Ola Grimsby Institute's Certified Orthopedic Manual Therapy course work, adding the COMT designation to his many accomplishments. In his quest for clinical excellence, Grady has an impressive roster of continuing education to his credit including Strain-Counter-Strain, Back to Golf, Myofascial Release, Pilates for Rehabilitation, Strength and Conditioning Training and Effective Examination and Treatment of Common Shoulder Injuries. Grady is proficient in Spanish and Sign Language.

Grady's Vision..."As a Physical Therapist I am focused on helping each patient reach their rehabilitative goals in a timely manner. With a scientifically backed process in place, I keep current on research and new techniques and I am skilled at implementing the best treatment plan to achieve the desired results."

NovaCare in South Jersey...

Provides preventative, rehabilitative and performance-enhancing programs and services that maximize function and promote well being in patients of all ages and abilities.

Services Include:

- Physical and Occupational Therapy
- Pre/Post Surgical Rehabilitation
- High School/College Sports Rehabilitation

Shore Orthopedic Rehabilitation managed by NovaCare 24 McArthur Boulevard Somers Point, NJ 08244 609.927.5463 Fax 609.927.3724 www.novacare.com/njsoutheast.htm

- Certified Hand Therapist on Staff
- Work Injury Management